



## RETURN TO SCHOOL/WORK REQUIREMENTS FROM THE OCDOH

**TAKE THIS WITH YOU TO YOUR HEALTHCARE PROVIDER SO THEY KNOW  
WHAT IS REQUIRED:**

By order of the Orange County Department of Health, a healthcare provider's note **MUST** be received **PRIOR** to return to school for any of the following scenarios.. Please fax or email the day before return to school/work. **\*PLEASE SEE BACK OF PAGE FOR WHAT CLEARANCE NOTE IS REQUIRED TO STATE.** A healthcare provider's note is **mandatory** in Orange County schools to return to school, including but not limited to the following scenarios:

**1. For a COVID-Related Symptom:** If a student/staff/faculty member displays a COVID-19-related symptom, they must obtain a healthcare provider's note to return to school. Symptoms of COVID-19 include but are NOT limited to: fever or chills (100 degrees F or greater), persistent cough, shortness of breath or difficulty breathing, extreme fatigue, muscle or body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose, nausea, vomiting, diarrhea, unexplained rash, pinkeye).

**2. For Pertinent Exposure:** Examples of this includes recent travel including international travel or travel to a state listed on the NYSDOH travel advisory website (<https://coronavirus.health.ny.gov/covid-19-travel-advisory>) where precautionary quarantine should be completed for 10 days from the date when the person left the restricted state OR for travel, if you are out of the state for more than 24 hours: Travelers must obtain a test within 3 days of departure, prior to arrival in NY; Traveler must, upon arrival in NY, quarantine for three days; On day 4 of their quarantine, the traveler must obtain another COVID test. If both tests come back negative, the traveler may exit quarantine early upon receipt of the 2nd negative diagnostic test or **after completion of mandatory quarantine (10 days) following exposure to a confirmed COVID-19 case (Direct Contact).**

**3. Following COVID-19 Diagnosis and Subsequent Isolation Period:** If a student/staff/faculty member tests positive for the virus (SARS-CoV-2) that causes COVID-19, they must have a health care provider note AND the following conditions must be met: symptom resolution, at least 10 days have passed since the onset of symptoms for symptomatic individuals or 10 days from the collection date (test date) of the positive COVID-19 test for asymptomatic individuals; AND at least 24 hours have passed since the resolution of fever without the use of fever-reducing medication. A negative COVID-19 test will not be required, unless specifically requested by the Department of Health, but may be provided in addition to the health care provider's note.

MORE ON BACK



**\*Healthcare provider notes must include AT MINIMUM the following information:**

1. The individual is cleared to return to school/work, with date of return indicated.
2. The individual has an alternate diagnosis unrelated to COVID (for scenario number 1 above) **OR** the individual has no subsequent illness after completing their quarantine period (for scenario 2 above) **OR** the individual has successfully completed their isolation period and meet the current CDC clearance guidance (for scenario 3 above).
3. The alternate diagnosis does not have to be listed in the note but may need to be discussed confidentially with the school nurse and/ or the local health department.

**District Nurses:**

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GIS	<a href="mailto:charlotte.oconnor@gcsny.org">charlotte.oconnor@gcsny.org</a>	Tel: 615-6524	Fax: 615-6524
SAS	<a href="mailto:dorothy.mckenna@gcsny.org">dorothy.mckenna@gcsny.org</a>	Tel: 615-6617	Fax: 615-6623
All Schools	<a href="mailto:dawn.pawliczak@gcsny.org">dawn.pawliczak@gcsny.org</a>	Any of the above phone or fax numbers	